

Match 3 Southampton Mens Results

Totals

A	106
B	150
P	70
F	10
H	104
O	73
C	142
J	76

100m M35 A

A B P F H O C J

Club	Name	Club	Result	Points								
1 P	Ronald Debique	City of Portsmouth AC	12.0	8	0	0	8	0	0	0	0	0
2 A	Sean Beavis	Aldershot, Farnham & District AC	12.3	7	7	0	0	0	0	0	0	0
3 B	Johnathon Elderfield	Basingstoke & Mid Hants AC	12.7	6	0	6	0	0	0	0	0	0
4 J	Tim Smales	Winchester & District AC	13.3	5	0	0	0	0	0	0	0	5
5 H	Mark Gainsley	Havant AC	13.9	4	0	0	0	0	4	0	0	0
6 C	Kit Lau	Southampton AC	14.9	3	0	0	0	0	0	0	3	0
7 O	Chris Dewey	Overton Harriers & AC	15.4	2	0	0	0	0	0	2	0	0
8					0	0	0	0	0	0	0	0

100m M35 B

Club	Name	Club	Result	Points								
1 BB	Robert Tyson	Basingstoke & Mid Hants AC	13.4	8	0	8	0	0	0	0	0	0
2 JJ	Thierry Durning	Winchester & District AC	13.6	7	0	0	0	0	0	0	0	7
3 AA	Kevin Wheeler	Aldershot, Farnham & District AC	13.6	6	6	0	0	0	0	0	0	0
4 HH	Steve Cooper	Havant AC	14.3	5	0	0	0	0	5	0	0	0
5 OO	Graham Juliff	Overton Harriers & AC	15.1	4	0	0	0	0	0	4	0	0
6 CC	Chris Williams	Southampton AC	15.2	3	0	0	0	0	0	0	3	0
7					0	0	0	0	0	0	0	0
8					0	0	0	0	0	0	0	0

100m M50

Club	Name	Club	Result	Points								
1 P5	David Elderfield	City of Portsmouth AC	13.7	8	0	0	8	0	0	0	0	0
2 H5	Neil Eames	Havant AC	14.0	7	0	0	0	0	7	0	0	0
3 C5	Glen Winstanley	Southampton AC	14.2	6	0	0	0	0	0	0	6	0
4 J5	Philip Krinks	Winchester & District AC	14.4	5	0	0	0	0	0	0	0	5
5 O5	Mike Webber	Overton Harriers & AC	15.9	4	0	0	0	0	0	4	0	0
6 A5	Ian Jennings	Aldershot, Farnham & District AC	16.8	3	3	0	0	0	0	0	0	0
7 B5	Ray Gartland	Basingstoke & Mid Hants AC	17.5	2	0	2	0	0	0	0	0	0
8					0	0	0	0	0	0	0	0

100m N/S

A B P F H O C J

Club	Name	Club	Result	Points								
1 60	Alan Lee	Basingstoke & Mid Hants AC	12.9		0	0	0	0	0	0	0	0
2 90	Johnathan Beam	Southampton AC	14.2		0	0	0	0	0	0	0	0
3 86	Marco Love-Murelli	Southampton AC	14.6		0	0	0	0	0	0	0	0
4 123	David Evans	Havant AC	16.0		0	0	0	0	0	0	0	0
5 168	Sidney DeLara	Southampton AC	17.6		0	0	0	0	0	0	0	0
6 52	Graham Kent	Basingstoke & Mid Hants AC	18.8		0	0	0	0	0	0	0	0
7 99	Mike Smears	Southampton AC	18.9		0	0	0	0	0	0	0	0
8					0	0	0	0	0	0	0	0

100m N/S

A B P F H O C J

Club	Name	Club	Result	Points								
1 167	Matt Chipping	Basingstoke & Mid Hants AC	15.1		0	0	0	0	0	0	0	0
2 91	Paul Hillyard	Havant AC	16.0		0	0	0	0	0	0	0	0
3 35	Keith Stone	Winchester & District AC	18.3		0	0	0	0	0	0	0	0
4					0	0	0	0	0	0	0	0
5					0	0	0	0	0	0	0	0
6					0	0	0	0	0	0	0	0
7					0	0	0	0	0	0	0	0
8					0	0	0	0	0	0	0	0

400M M35 A

A B P F H O C J

Club	Name	Club	Result	Points								
1 B	Johnaton Elderfield	Basingstoke & Mid Hants AC	55.2	8	0	8	0	0	0	0	0	0
2 J	Tim Smales	Winchester & District AC	56.6	7	0	0	0	0	0	0	0	7
3 P	Ronald Debique	City of Portsmouth AC	56.8	6	0	0	6	0	0	0	0	0
4 A	Dan Acheson	Aldershot, Farnham & District AC	57.6	5	5	0	0	0	0	0	0	0
5 H	Mark Gainsley	Havant AC	65.7	4	0	0	0	0	4	0	0	0
6 C	Kit Lau	Southampton AC	65.7	3	0	0	0	0	0	0	3	0
7 O	Chris Dewey	Overton Harriers & AC	70.4	2	0	0	0	0	0	2	0	0
8					0	0	0	0	0	0	0	0

400M M35 B

A B P F H O C J

Club	Name	Club	Result	Points
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12
13
14
15
16
17



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1500 M35 A/B, 50, NS

A B P F H O C J

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18



Club Name Club Result Points

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Medley Relay Mens

A B P F H O C J

1 J
2 B
3 C
4 A
5 P
6 H
7 BMH/NS
8 O

Club	Name	Club	Result	Points
1 J	Thierry Durning, Marco Pizzi, Marcus Gr	Winchester & District AC	04:02.4	8
2 B	Alan Lee, Dave Ragan, Johnaton Elderfi	Basingstoke & Mid Hants AC	04:04.1	7
3 C	0	Southampton AC	04:11.6	6
4 A	Kevin Wheeler, Jasper Ellis, Dan Aches	Aldershot, Farnham & District AC	04:14.9	5
5 P	Ronald Debique, Tony Hooler, Russell I	City of Portsmouth AC	04:20.0	4
6 H	Cooper, Gainsley, Eames, Dobson	Havant AC	04:50.1	3
7 BMH/NS			04:50.8	
8 O	Gareth Juliff, Mike Webber, Michael Stc	Overton Harriers & AC	04:53.4	2

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0 7 0 0 0 0 0 0
0 0 0 0 0 0 6 0
5 0 0 0 0 0 0 0
0 0 4 0 0 0 0 0
0 0 0 0 3 0 0 0
0 0 0 0 0 0 0 0
0 0 0 0 0 2 0 0

3000 M35 A/B, 50, NS

1 CC
2 O
3 B
4 H
5 C
6 HH
7 77
8 J
9 173
10 BB
11 C5
12 F
13 O5
14 OO
15 172
16 B5
17 J5
18 H5
19 A5

Club	Name	Club	Result	Points
1 CC	Matt Ridsen	Southampton AC	9.15.5	8 a
2 O	Michael Stone	Overton Harriers & AC	9.39.5	7
3 B	Dave Ragan	Basingstoke & Mid Hants AC	9.44.7	6
4 H	Craig Berryman	Havant AC	9.51.2	5
5 C	Pete Sansome	Southampton AC	9.54.2	8 b
6 HH	Paul Mitchinson	Havant AC	9.54.2	7
7 77	Emlyn Hughes	Southampton AC	9.56.4	
8 J	Tim Smales	Winchester & District AC	10.27.4	4
9 173	Kevin Yates	Southampton AC	10.29.8	
10 BB	Andy Goddard	Basingstoke & Mid Hants AC	10.30.3	6
11 C5	Andy Morgan-Lee	Southampton AC	10.49.0	8
12 F	Stevyn Mills	Fleet & Crookham AC	11.01.8	3
13 O5	Sean Holmes	Overton Harriers & AC	11.06.9	7
14 OO	Ed Brady	Overton Harriers & AC	11.23.5	5
15 172	Luke McAra	Basingstoke & Mid Hants AC	11.25.7	
16 B5	Mark Norris	Basingstoke & Mid Hants AC	11.44.2	6
17 J5	David Vosser	Winchester & District AC	11.52.8	5
18 H5	Steve Davy	Havant AC	12.04.1	4
19 A5	Andrew Hislop	Aldershot, Farnham & District AC	13.30.4	3

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0 6 0 0 0 0 0 0
0 0 0 3 0 0 0 0
0 0 0 0 0 7 0 0
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0 0 0 0 0 0 0 0
0 6 0 0 0 0 0 0
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3 0 0 0 0 0 0 0

HAMMER M35

1 b
2 p
3 a
4 c
5 h
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8

Club	Name	Club	Result	Points
1 b	John Dickinson	Basingstoke & Mid Hants AC	33.38	8
2 p	Tony Hooker	City of Portsmouth AC	22.58	7
3 a	Ian Jennings	Aldershot, Farnham & District AC	20.97	6
4 c	Derek Warn	Southampton AC	17.63	5
5 h	Mark Scarborough	Havant AC	16.87	4
6				
7				
8				

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6 0 0 0 0 0 0 0
0 0 0 0 0 0 5 0
0 0 0 0 4 0 0 0
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HAMMER M50

1 a5

Club	Name	Club	Result	Points
1 a5	Allan Leiper	Aldershot, Farnham & District AC	32.52	8

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8

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Long Jump N/S

Club	Name	Club	Result	Points
1 177	Graham Dobson	Havant AC		3.95
2 84	Peter Sansome	Southampton AC		4.81
3				
4				
5				
6				
7				
8				

Shot Put M35

Club	Name	Club	Result	Points											
1 B	Robert Kite	Basingstoke & Mid Hants AC	11.27	8	0	8	0	0	0	0	0	0	0	0	0
2 H	Mark Gainsley	Havant AC	8.49	7	0	0	0	0	7	0	0	0	0	0	0
3 P	Tony Hooker	City of Portsmouth AC	8.35	6	0	0	6	0	0	0	0	0	0	0	0
4 C	Kenny Oloro	Southampton AC	6.73	5	0	0	0	0	0	0	5	0	0	0	0
5 O	Chris Dewey	Overton Harriers & AC	5.85	4	0	0	0	0	0	4	0	0	0	0	0
6 A	Andrew Hislop	Aldershot, Farnham & District AC	4.61	3	3	0	0	0	0	0	0	0	0	0	0
7					0	0	0	0	0	0	0	0	0	0	0
8					0	0	0	0	0	0	0	0	0	0	0

Shot Put M50

Club	Name	Club	Result	Points											
1 C5	Stephen Dobson	Southampton AC	9.79	8	0	0	0	0	0	0	8	0	0	0	0
2 A5	Ian Jennings	Aldershot, Farnham & District AC	9.37	7	7	0	0	0	0	0	0	0	0	0	0
3 H5	Paul Hillyard	Havant AC	7.97	6	0	0	0	0	6	0	0	0	0	0	0
4 B5	Ian Thompson	Basingstoke & Mid Hants AC	4.52	5	0	5	0	0	0	0	0	0	0	0	0
5 O5	Keith Vallis	Overton Harriers & AC	4.40	4	0	0	0	0	0	4	0	0	0	0	0
6					0	0	0	0	0	0	0	0	0	0	0
7					0	0	0	0	0	0	0	0	0	0	0
8					0	0	0	0	0	0	0	0	0	0	0

Shot Put M60

Club	Name	Club	Result	Points											
1 A6	Allan Leiper	Aldershot, Farnham & District AC	13.06	8	8	0	0	0	0	0	0	0	0	0	0
2 B6	Andy McCrum	Basingstoke & Mid Hants AC	10.51	7	0	7	0	0	0	0	0	0	0	0	0
3 C6	Andrew Turner	Southampton AC	8.78	6	0	0	0	0	0	0	6	0	0	0	0
4 P6	Richard Healey	City of Portsmouth AC	8.63	5	0	0	5	0	0	0	0	0	0	0	0
5 H6	Mark Scarborough	Havant AC	8.25	4	0	0	0	0	4	0	0	0	0	0	0
6					0	0	0	0	0	0	0	0	0	0	0
7					0	0	0	0	0	0	0	0	0	0	0
8					0	0	0	0	0	0	0	0	0	0	0

Shot Put N/S

Club	Name	Club	Result	Points
1 176	Robert Tyson	Basingstoke & Mid Hants AC	8.24	7.26
2 69	John Dickinson	Basingstoke & Mid Hants AC	10.80	7.26
3 296	Michael Coker	Southampton AC	8.40	5
4				
5				
6				
7				
8				