

	8																		
3000m A String	1	C	Sarah Winstone	Southampton	10:20.37		8												
	2	A	Hannah Pullen	AFD	10:35.28				7										
	3	w	Kiralie Leigh-Jones	Winchester	11:13.05			6											
	4	b	Rebecca Sleaf	Basingstoke	11:39.69	5													
	5	h	Di Byrne	Havant	13:44.27													4	
	6	o	Claire Daly	Overton	14:49.9				3										
	7																		
	8																		
B String	1	AA	Ruth Wallace	AFD	11:13.05				8										
	2	BB	Denise Sterling	Basingstoke	12:29.38	7													
	3	ww	Charlie Hoskins	Winchester	12:47.4			6											
	4	cc	Janet Littlewood	Southampton	13:32.16	5													
	5																		
	6																		
	7																		
	8																		
W50	1	C50	Giz Hoppe	Southampton	11:43.76	8													
	2	W50	Emma Carter	Winchester	12:39.46		7												
	3	H50	Elizabeth Robinson	Havant	12:56.39													6	
	4	F50	Penny Abbott	Fleet	13:21.9														
	5	p50	Jane Georghuiou	Portsmouth	15:33.3													4	
	6																		
	7																		
	8																		
s/total A							38	73	54	3	72	4	37	32					

	8												
4x200m Relay	1	W		Winchester	2:08.68		8						
	2	A		AFD	2:17.06			7					
	3	C		Southampton	2:22.84		6						
	4	F		Fleet	2:26.95							5	
	5	B		Basingstoke	2:28.66	4							
	6	H		Havant	2:46.86							3	
	7												
	8												
					s/total B	30	67	40	17	41	0	36	28
					Total	68	140	94	20	113	4	73	60

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