

**SOUTHERN COUNTIES VETERANS A.C. TRACK & FIELD LEAGUE - HAMPSHIRE DIVISION 2024**

**Match 1 - Monday 29th April 2024, Down Grange, Pack Lane, Basingstoke RG22 5SN**

Time	Event	Track						Field											
		Men			Women			Men			Off	Women			Off				
18:30								shot	36	50			A						
18:30								High Jump	35	50			B						
19:00	100m	A	B	50										Triple Jump	35	50	F		
19:10	100m				A	B	50	javelin	35	50			O						
19:20	2000m Walk	A		50	A		50							Shot	35	50	W		
19:40								Long Jump	35	50	60			H					
19:50	400m	A	B	50															
20:00	400m				A	B	50							High Jump	35	50	60	C	
20:00														Javelin	35	50		P	
20:10	1500m	A	B	50	60														
20:25	1500m				A	B	50	60											
20:35	4 x 100m	A																	
20:45	4 x 100m				A														

**Match 2 - Monday 20th May 2024, Mountbatten Centre PO2 8NT (Hosts: Portsmouth & Havant)**

Time	Event	Track						Field											
		Men			Women			Men			Off	Women			Off				
18:30								Discus	35	50			C	Long Jump	35	50		P	
19:00	200m	A	B	50	60			Pole Vault	35	50			W	Pole Vault	35	50		W	
19:05														Hammer	35	50		F	
19:10	200m				A	B	50												
19:40	800m	A	B	50				Hammer	35	50			H						
19:30	800m				A	B	50	60											
19:40	3000m	A	B	50	60			Triple Jump	35	50			O						
20:15														Discus	35	50		B	
20:10	3000m				A	B	50												
20:30	4 x 400m	A																	
20:40	4 x 400m				A														

**Match 3 - Monday 17th June 2024, Southampton Sports Centre, Thornhill Rd Soton SO16 7AY (Hosts: Soton)**

Time	Event	Track						Field											
		Men			Women			Men			Off	Women			Off				
18:30								Hammer	35	50			F						
19:00	100m	A	B	50				High Jump	35	50			O	Triple Jump	35	50		H	
19:10	100m				A	B	50												
19:20	3000m SC	A	B	50										Javelin	35	50	60	A	
19:40	400m				A	B	50	60	Long Jump	35	50			B					
19:50	400m	A	B	50	60														
20:00	1500m				A	B	50	Shot	35	50	60	W	High Jump	35	50		P		
20:00														Hammer	35	50		C	
20:15	1500m	A	B	50															
20:30	Medley Relay	A																	
20:40	Medley Relay				A														

**Match 4 - Monday 8th July 2024, Military Stadium, Aldershot GU11 2JL (Hosts: Aldershot, Farnham & District)**

Time	Event	Track						Field											
		Men			Women			Men			Off	Women			Off				
18:30								Discus	35	50	60	H	Shot	35	50		P		
18:40	2000m Walk	A		50	A		50												
19:00								Pole Vault	35	50			A	Pole Vault	35	50		A	
19:00								Triple Jump	35	50			C						
19:05	800m	A	B	50	60														
19:15	800m				A	B	50												
19:20														Discus	35	50		O	
19:25	200m	A	B	50															
19:35	200m				A	B	50	60											
19:45	3000m	A	B	50	60									Long Jump	35	50	60	F	
19:50								Javelin	35	50	60	B							
20:15	3000m.				A	B	50												
20:35	4 x 200m	A																	
20:45	4 x 200m				A														

**Clubs:**

**A** Aldershot, Farnham & District **B** Basingstoke & Mid Hants **F** Fleet & Crookham **H** Havant

**J** Winchester & District **O** Overton Harriers **P** City of Portsmouth **S** Southampton, Last update 9th Apr 2024