

SOUTHERN COUNTIES VETERANS A.C. TRACK & FIELD LEAGUE - Hampshire Division
Portsmouth - Monday 25 April 2022

Men's Match

| | | |
|---|-------------------------------|-----|
| 1 | Basingstoke & Mid Hants | 151 |
| 2 | Southampton | 138 |
| 3 | Havant | 102 |
| 4 | Winchester & District | 95 |
| 5 | Overton Harriers | 73 |
| 6 | City of Portsmouth | 66 |
| 7 | Aldershot, Farnham & District | 57 |
| 8 | Fleet & Crookham | 25 |

100 metres M35A

| | | | | | |
|---|--------------------|-----|--------|------|---|
| 1 | Dean Showler-Davis | M35 | BMH | 11.5 | 8 |
| 2 | Marvin Gayle | M40 | Ports | 11.9 | 7 |
| 3 | Harinder Singh | M35 | Soton | 12.3 | 6 |
| 4 | Kevin Wheeler | M40 | Havant | 13.7 | 5 |
| 5 | Gareth Juliff | M40 | Over | 14.9 | 4 |
| 6 | Martin D'Mellow | M45 | AFD | 17.5 | 3 |

M35B

| | | | | | |
|---|---------------|-----|--------|------|---|
| 1 | Neil Barton | M40 | BMH | 12.2 | 8 |
| 2 | Ian Horlock | M35 | Soton | 12.3 | 7 |
| 3 | Phil Brame | M50 | Ports | 13.7 | 6 |
| 4 | Rhys Hawkes | M35 | Havant | 14.6 | 5 |
| 5 | Andrew Hislop | M55 | AFD | 17.0 | 4 |
| 6 | Sean Holmes | M50 | Over | 17.2 | 3 |

M50

| | | | | | |
|---|------------------|-----|--------|------|---|
| 1 | Steve Beak | M55 | Soton | 12.8 | 8 |
| 2 | David Elderfield | M65 | Ports | 13.2 | 7 |
| 3 | Andy McCrum | M60 | BMH | 13.7 | 6 |
| 4 | Neil Eames | M55 | Havant | 13.7 | 5 |
| 5 | Henry Hopkins | M60 | Win | 15.2 | 4 |
| 6 | Piers Puntan | M50 | Over | 16.3 | 3 |
| 7 | Ian Jennings | M50 | AFD | 17.0 | 2 |

Non-Scoring

| | | | | | |
|---|----------------|-----|--------|------|-----|
| 1 | Loba Olopade | M40 | BMH | 13.2 | N/S |
| 2 | Ray Watkins | M65 | BMH | 14.5 | N/S |
| 3 | Chris Williams | M35 | Soton | 14.5 | N/S |
| 4 | David Evans | M40 | Havant | 15.7 | N/S |
| 5 | Graham Kent | M70 | BMH | 17.8 | N/S |

400 metres M35A

| | | | | | |
|---|---------------------|-----|--------|------|---|
| 1 | Ian Horlock | M35 | Soton | 53.2 | 8 |
| 2 | Tim Smales | M40 | Win | 55.0 | 7 |
| 3 | Jonathan Elderfield | M35 | BMH | 57.7 | 6 |
| 4 | Hamish Maclean | M35 | AFD | 59.2 | 5 |
| 5 | Stevyn Mills | M35 | Fleet | 63.3 | 4 |
| 6 | Russel Lyne | M35 | Ports | 64.6 | 3 |
| 7 | Kevin Wheeler | M40 | Havant | 64.6 | 2 |
| 8 | Pete Newman | M35 | Over | 66.4 | 1 |

M35B

| | | | | | |
|---|------------------|-----|--------|------|---|
| 1 | Simon Ciaravella | M45 | Soton | 59.5 | 8 |
| 2 | Robert Tyson | M45 | BMH | 60.9 | 7 |
| 3 | John Kane | M50 | Over | 68.8 | 6 |
| 4 | Rhys Hawkes | M35 | Havant | 69.4 | 5 |
| 5 | Richard Bailey | M50 | Ports | 70.5 | 4 |

M50

| | | | | | |
|---|-------------------|-----|--------|------|---|
| 1 | Steve Beak | M55 | Soton | 58.7 | 8 |
| 2 | Andrew Waddington | M60 | BMH | 60.6 | 7 |
| 3 | Neil Eames | M55 | Havant | 61.5 | 6 |
| 4 | David Elderfield | M65 | Ports | 62.3 | 5 |
| 5 | Chris Dewey | M55 | Over | 64.3 | 4 |
| 6 | Henry Hopkins | M60 | Win | 72.9 | 3 |
| 7 | Andrew Hislop | M55 | AFD | 78.6 | 2 |

Non-Scoring

| | | | | | |
|---|--------------|-----|--------|------|-----|
| 1 | Terry Wegg | M55 | BMH | 74.9 | N/S |
| 2 | David Evans | M40 | Havant | 75.6 | N/S |
| 3 | Ian Thompson | M45 | BMH | 79.9 | N/S |
| 4 | Tim Sorrell | M60 | Soton | DNF | N/S |

1500 metres M35A, M35B

| | | | | | | |
|----|-----------------|-----|--------|--------|---|---|
| 1 | Paul Cardy | M35 | Ports | 4:19.1 | 8 | A |
| 2 | Craig Berryman | M35 | Havant | 4:20.9 | 7 | A |
| 3 | Hamish Maclean | M35 | AFD | 4:25.6 | 6 | A |
| 4 | David Coak | M35 | Soton | 4:26.2 | 5 | A |
| 5 | Mike Chambers | M45 | Soton | 4:26.6 | 8 | B |
| 6 | Pete Sansome | M45 | Win | 4:31.9 | 4 | A |
| 7 | Alex Hamilton | M45 | BMH | 4:34.8 | 3 | A |
| 8 | Paul Mitchinson | M40 | Havant | 4:36.9 | 7 | B |
| 9 | Owen Watts | M35 | Win | 4:36.9 | 6 | B |
| 10 | Stevyn Mills | M35 | Fleet | 4:41.8 | 2 | A |
| 11 | Michal Bursak | M35 | BMH | 4:54.2 | 5 | B |
| 12 | Pete Newman | M35 | Over | 4:54.9 | 1 | A |
| 13 | John Kane | M50 | Over | 5:12.1 | 4 | B |
| 14 | Russel Lyne | M35 | Ports | 5:58.5 | 3 | B |

M50, M60, N/S

| | | | | | | |
|----|-----------------|-----|--------|--------|---|-----|
| 1 | Kevin Yates | M35 | Soton | 4:43.9 | | N/S |
| 2 | Kit Lau | M40 | Soton | 4:49.2 | | N/S |
| 3 | Emlyn Hughes | M45 | Soton | 4:51.9 | | N/S |
| 4 | Jon Grainger | M55 | Soton | 4:59.1 | 8 | M50 |
| 5 | Jonathan Bean | M35 | Soton | 5:04.3 | | N/S |
| 6 | Jon Hannan | M45 | Soton | 5:05.8 | | N/S |
| 7 | Steve Jeffery | M50 | BMH | 5:10.3 | 7 | M50 |
| 8 | Mark Hargreaves | M65 | Ports | 5:14.9 | 8 | M60 |
| 9 | Sean Holmes | M50 | Over | 5:15.4 | 6 | M50 |
| 10 | Ian Thompson | M45 | BMH | 5:25.1 | | N/S |
| 11 | Peter Collins | M45 | Havant | 5:27.8 | | N/S |
| 12 | Mark Slaney | M60 | BMH | 5:29.9 | 7 | M60 |
| 13 | Rob Carter | M50 | Win | 5:31.8 | 5 | M50 |
| 14 | Franklyn Young | M60 | Win | 5:36.4 | 6 | M60 |
| 15 | Ray Gartland | M55 | BMH | 5:39.3 | | N/S |
| 16 | Rob Shenton | M45 | Soton | 5:43.8 | | N/S |
| 17 | Mike Bell | M65 | Ports | 5:52.3 | 4 | M50 |
| 18 | Terry Wegg | M55 | BMH | 5:54.9 | | N/S |
| 19 | Andrew Hislop | M55 | AFD | 6:05.8 | 3 | M50 |
| 20 | Derek Smith | M65 | Win | 6:12.2 | | N/S |
| 21 | Neil Hotson | M65 | Soton | 6:13.7 | 5 | M60 |
| 22 | Peter Haynes | M70 | Soton | 7:18.6 | | N/S |

2000m Walk M35, M50, W35, W50

| | | | | | | |
|----|--------------------|-----|--------|---------|---|-----|
| 1 | Keith Vallis | M55 | Over | 11:37.6 | 8 | M50 |
| 2 | David Mitchell | M50 | Soton | 11:50.5 | 7 | M50 |
| 3 | Derek Smith | M65 | Win | 12:36.3 | 6 | M50 |
| 4 | Paul Hillyard | M65 | Havant | 12:41.6 | 5 | M50 |
| 5 | Terry Wegg | M55 | BMH | 12:48.1 | 4 | M50 |
| 6 | Andy Morgan-Lee | M50 | Soton | 13:10.7 | 8 | M35 |
| 7 | Sarah Gurney | W50 | Win | 13:11.3 | | |
| 8 | Roger Osgood | M80 | Havant | 13:26.7 | 7 | M35 |
| 9 | Ian Jennings | M50 | AFD | 13:54.1 | 3 | M50 |
| 10 | Caroline Partner | W40 | BMH | 13:57.9 | | |
| 11 | Cat Coveney | W50 | BMH | 14:03.4 | | |
| 12 | Hannah Willson | W40 | Soton | 14:05.7 | | |
| 13 | Tony Hewett | M40 | Ports | 14:09.0 | 6 | M35 |
| 14 | Caroline Barnfield | W60 | Soton | 14:32.1 | | |
| 15 | Sean Holmes | M50 | Over | 14:35.8 | 5 | M35 |
| 16 | Di Byrne | W55 | Havant | 14:52.1 | | |
| 17 | Natalie Cain | W40 | Win | 15:00.6 | | |
| 18 | Mark Norris | M50 | BMH | 15:12.7 | 4 | M35 |
| 19 | Lucy Pearson | W35 | Over | 15:48.3 | | |

4x100m Relay M35

| | | | | |
|---|---|--------|------|----|
| 1 | B | BMH | 47.8 | 8 |
| 2 | C | Soton | | DQ |
| 3 | W | Win | 53.9 | 7 |
| 4 | H | Havant | 54.0 | 6 |
| 5 | O | Over | 59.4 | 5 |

High Jump M35

| | | | | | |
|---|----------------|-----|--------|------|---|
| 1 | Neil Barton | M40 | BMH | 1.65 | 8 |
| 2 | Brian Thompson | M45 | Soton | 1.60 | 7 |
| 3 | Pete Sansome | M45 | Win | 1.55 | 6 |
| 4 | Craig Berryman | M35 | Havant | 1.40 | 5 |
| 5 | Gareth Juliff | M40 | Over | 1.20 | 4 |

M50

| | | | | | |
|---|-------------------|-----|--------|------|---|
| 1 | Andrew Waddington | M60 | BMH | 1.55 | 8 |
| 2 | David Vosser | M60 | Win | 1.35 | 7 |
| 3 | Michael Coker | M65 | Soton | 1.30 | 6 |
| 4 | Paul Hillyard | M65 | Havant | 1.20 | 5 |
| 5 | Piers Puntan | M50 | Over | 1.00 | 4 |

Long Jump M35

| | | | | | | |
|---|----------------|-----|--------|------|---|-----|
| 1 | Neil Barton | M40 | BMH | 6.12 | 8 | |
| 2 | Loba Olopade | M40 | BMH | 4.67 | | N/S |
| 3 | Pete Sansome | M45 | Win | 4.48 | 7 | |
| 4 | Brian Thompson | M45 | Soton | 4.40 | 6 | |
| 5 | Kit Lau | M40 | Soton | 4.09 | | N/S |
| 6 | Gareth Juliff | M40 | Over | 3.24 | 5 | |
| 7 | Kevin Wheeler | M40 | Havant | 2.64 | 4 | |

M50

| | | | | | |
|---|---------------|-----|-------|------|---|
| 1 | Andy McCrum | M60 | BMH | 4.31 | 8 |
| 2 | Derek Warn | M55 | Soton | 3.76 | 7 |
| 3 | Andrew Hislop | M55 | AFD | 3.12 | 6 |
| 4 | Piers Puntan | M50 | Over | 1.96 | 5 |

M60

| | | | | | |
|---|-------------------|-----|--------|------|---|
| 1 | Andrew Waddington | M60 | BMH | 4.31 | 8 |
| 2 | Henry Hopkins | M60 | Win | 3.91 | 7 |
| 3 | Michael Coker | M65 | Soton | 3.90 | 6 |
| 4 | Paul Hillyard | M65 | Havant | 3.33 | 5 |
| 5 | Allan Leiper | M60 | AFD | 3.32 | 4 |
| 6 | David Haines | M80 | Fleet | 2.79 | 3 |

Shot M35

| | | | | | |
|---|------------------|-----|--------|-------|-----|
| 1 | Graham Lay | M45 | Soton | 11.46 | 8 |
| 2 | John Dickinson | M35 | BMH | 10.87 | 7 |
| 3 | Jeremy Clifton | M45 | Win | 9.50 | 6 |
| 4 | Robert Tyson | M45 | BMH | 9.26 | N/S |
| 5 | Neil Fitzpatrick | M35 | Havant | 8.69 | 5 |
| 6 | Ian Jennings | M50 | AFD | 8.64 | 4 |
| 7 | Kit Lau | M40 | Soton | 8.02 | N/S |
| 8 | Chris Tildesley | M35 | Ports | 7.58 | 3 |
| 9 | Peter Newman | M40 | Over | 5.93 | 2 |

M50

| | | | | | |
|---|----------------|-----|--------|-------|---|
| 1 | Rafer Joseph | M50 | BMH | 12.56 | 8 |
| 2 | Allan Leiper | M60 | AFD | 12.38 | 7 |
| 3 | Mike Marchant | M55 | Win | 10.59 | 6 |
| 4 | Peter Evans | M50 | Fleet | 9.77 | 5 |
| 5 | Andy Hall | M70 | Havant | 9.22 | 4 |
| 6 | Andrew Turner | M55 | Soton | 8.57 | 3 |
| 7 | Richard Healey | M65 | Ports | 8.46 | 2 |
| 8 | John Kane | M50 | Over | 5.84 | 1 |

Non-Scoring (5kg)

| | | | | | |
|---|--------------|-----|-------|-------|-----|
| 1 | Andy McCrum | M60 | BMH | 10.18 | N/S |
| 2 | Nigel Hooker | M65 | G&G | 8.65 | N/S |
| 3 | Phil Gowers | M50 | Ports | 7.23 | N/S |

Hammer M35

| | | | | | |
|---|------------------|-----|--------|-------|---|
| 1 | John Dickinson | M35 | BMH | 31.04 | 8 |
| 2 | Neil Fitzpatrick | M35 | Havant | 28.47 | 7 |
| 3 | Graham Lay | M45 | Soton | 26.23 | 6 |
| 4 | Peter Evans | M50 | Fleet | 21.10 | 5 |
| 5 | Jeremy Clifton | M45 | Win | 18.72 | 4 |
| 6 | Ian Jennings | M50 | AFD | 16.73 | 3 |

M50

| | | | | | |
|---|---------------|-----|--------|-------|-----|
| 1 | Rafer Joseph | M50 | BMH | 44.32 | 8 |
| 2 | Andy Hall | M70 | Havant | 39.17 | 7 |
| 3 | Paul Kelly | M50 | Fleet | 38.53 | 6 |
| 4 | Allan Leiper | M60 | AFD | 30.93 | 5 |
| 5 | Nigel Hooker | M65 | G&G | 30.80 | N/S |
| 6 | Mike Marchant | M55 | Win | 25.23 | 4 |
| 7 | Derek Warn | M55 | Soton | 24.70 | 3 |
| 8 | Piers Puntan | M50 | Over | 17.17 | 2 |
| 9 | Steve Jeffery | M50 | BMH | 10.81 | N/S |

SOUTHERN COUNTIES VETERANS A.C. TRACK & FIELD LEAGUE - Hampshire Division
Portsmouth - Monday 25 April 2022

Women's Match

| | | |
|---|-------------------------------|-----|
| 1 | Southampton | 153 |
| 2 | Winchester & District | 138 |
| 3 | Basingstoke & Mid Hants | 103 |
| 4 | Aldershot, Farnham & District | 78 |
| 5 | Havant | 55 |
| 6 | City of Portsmouth | 49 |
| 7 | Overton Harriers | 18 |
| 8 | Fleet & Crookham | 0 |

100 metres W35A

| | | | | | |
|---|------------------|-----|--------|------|---|
| 1 | Emily Fry | W35 | Soton | 13.6 | 8 |
| 2 | Kathryn Miles | W45 | Win | 14.2 | 7 |
| 3 | Sarah Al-Romaihi | W35 | Havant | 14.7 | 6 |
| 4 | Lindsay Badman | W40 | AFD | 15.3 | 5 |
| 5 | Emily Clements | W40 | Ports | 15.5 | 4 |
| 6 | Lucy Pearson | W35 | Over | 17.3 | 3 |
| 7 | Jane Vickers | W45 | BMH | 18.6 | 2 |

W35B

| | | | | | |
|---|-----------------|-----|-------|------|---|
| 1 | Joy Wright | W40 | Soton | 14.4 | 8 |
| 2 | Christine Halls | W35 | BMH | 15.2 | 7 |
| 3 | Kelly Roberts | W45 | AFD | 15.8 | 6 |
| 4 | Amanda Smith | W50 | Win | 17.6 | 5 |

W50

| | | | | | |
|---|-----------------|-----|--------|------|-----|
| 1 | Tracy Bezance | W55 | Soton | 14.8 | 8 |
| 2 | Janet Dickinson | W55 | Soton | 15.6 | N/S |
| 3 | Jayne Ancombe | W50 | Ports | 16.0 | 7 |
| 4 | Angela Owen | W60 | AFD | 16.2 | 6 |
| 5 | Moira West | W70 | Win | 16.3 | 5 |
| 6 | Vicky Bright | W60 | Soton | 18.1 | N/S |
| 7 | Marilyn Crocker | W70 | Havant | 28.8 | 4 |

400 metres W35A

| | | | | | |
|---|------------------|-----|--------|------|---|
| 1 | Joy Wright | W40 | Soton | 62.7 | 8 |
| 2 | Mitch Lloyd | W45 | BMH | 67.9 | 7 |
| 3 | Sue True | W45 | Win | 70.5 | 6 |
| 4 | Jennifer Temple | W35 | AFD | 74.0 | 5 |
| 5 | Sarah Al-Romaihi | W35 | Havant | 74.8 | 4 |
| 6 | Samantha Smith | W50 | Ports | 76.4 | 3 |
| 7 | Lucy Pearson | W35 | Over | 85.7 | 2 |

W35B, W50

| | | | | | | |
|---|-------------------|-----|-------|------|---|-----|
| 1 | Philippa Aukett | W35 | Soton | 66.0 | 8 | W35 |
| 2 | Christine Halls | W35 | BMH | 70.8 | 7 | W35 |
| 3 | Jayne Ancombe | W50 | Ports | 75.5 | 8 | W50 |
| 4 | Charlotte Hoskins | W40 | Win | 75.9 | 6 | W35 |
| 5 | Kelly Roberts | W45 | AFD | 79.9 | 5 | W35 |
| 6 | Sarah Gurney | W50 | Win | 83.4 | 7 | W50 |
| 7 | Vicky Bright | W60 | Soton | 98.6 | 6 | W50 |

1500 metres W35A, W35B, W50, W60, N/S

| | | | | | | |
|----|-------------------|-----|--------|---------|---|-----|
| 1 | Roanna Vickers | W35 | Ports | 4:53.7 | 8 | A |
| 2 | Lucy Short | W35 | Soton | 5:01.4 | 7 | A |
| 3 | Lucy Elliott | W55 | Win | 5:02.5 | 8 | W50 |
| 4 | Alice Burch | W35 | Soton | 5:12.9 | 8 | B |
| 5 | Jane Gandee | W50 | Win | 5:13.3 | 6 | A |
| 6 | Christine Halls | W35 | BMH | 5:19.7 | 5 | A |
| 7 | Emma Jolley | W40 | Ports | 5:20.0 | 7 | B |
| 8 | Mitch Lloyd | W45 | BMH | 5:31.0 | 6 | B |
| 9 | Charlotte Hoskins | W40 | Win | 5:41.1 | 5 | B |
| 10 | Emma Carter | W50 | Win | 5:48.9 | | N/S |
| 11 | Cath Wheeler | W60 | Over | 5:52.0 | 8 | W60 |
| 12 | Jennifer Temple | W35 | AFD | 6:01.9 | 4 | A |
| 13 | Mary Blount | W50 | Ports | 6:04.1 | 7 | W50 |
| 14 | Cat Coveney | W50 | BMH | 6:19.0 | 6 | W50 |
| 15 | Di Byrne | W55 | Havant | 6:31.6 | 5 | W50 |
| 16 | Jane Vickers | W45 | BMH | 7:00.0 | | N/S |
| 17 | Coral Aukett | W60 | Soton | 7:24.8 | 7 | W60 |
| 18 | Dawn Cobbett | W60 | AFD | 8:09.6 | 6 | W60 |
| 19 | Marilyn Crocker | W70 | Havant | 10:42.2 | 5 | W60 |

2000m Walk M35, M50, W35, W50

| | | | | | | |
|----|--------------------|-----|--------|---------|---|-----|
| 1 | Keith Vallis | M55 | Over | 11:37.6 | | |
| 2 | David Mitchell | M50 | Soton | 11:50.5 | | |
| 3 | Derek Smith | M65 | Win | 12:36.3 | | |
| 4 | Paul Hillyard | M65 | Havant | 12:41.6 | | |
| 5 | Terry Wegg | M55 | BMH | 12:48.1 | | |
| 6 | Andy Morgan-Lee | M50 | Soton | 13:10.7 | | |
| 7 | Sarah Gurney | W50 | Win | 13:11.3 | 8 | W50 |
| 8 | Roger Osgood | M80 | Havant | 13:26.7 | | |
| 9 | Ian Jennings | M50 | AFD | 13:54.1 | | |
| 10 | Caroline Partner | W40 | BMH | 13:57.9 | 8 | W35 |
| 11 | Cat Coveney | W50 | BMH | 14:03.4 | 7 | W50 |
| 12 | Hannah Willson | W40 | Soton | 14:05.7 | 7 | W35 |
| 13 | Tony Hewett | M40 | Ports | 14:09.0 | | |
| 14 | Caroline Barnfield | W60 | Soton | 14:32.1 | 6 | W50 |
| 15 | Sean Holmes | M50 | Over | 14:35.8 | | |
| 16 | Di Byrne | W55 | Havant | 14:52.1 | 5 | W50 |
| 17 | Natalie Cain | W40 | Win | 15:00.6 | 6 | W35 |
| 18 | Mark Norris | M50 | BMH | 15:12.7 | | |
| 19 | Lucy Pearson | W35 | Over | 15:48.3 | 5 | W35 |

4x100m Relay W35

| | | | | |
|---|---|-------|------|---|
| 1 | C | Soton | 59.8 | 8 |
| 2 | A | AFD | 62.4 | 7 |
| 3 | W | Win | 63.3 | 6 |
| 4 | P | Ports | 63.7 | 5 |
| 5 | B | BMH | 66.9 | 4 |

High Jump W35

| | | | | | |
|---|-------------------|-----|-------|------|---|
| 1 | Joy Wright | W40 | Soton | 1.30 | 8 |
| 2 | Natasha Norris | W45 | AFD | 1.20 | 7 |
| 3 | Heather Sheffield | W40 | Win | 1.00 | 6 |

W50

| | | | | | |
|---|-----------------|-----|-------|------|---|
| 1 | Janet Dickinson | W55 | Soton | 1.15 | 8 |
| 2 | Fiona Bolton | W50 | Win | 1.10 | 7 |
| 3 | Cat Coveney | W50 | BMH | .85 | 6 |

W60

| | | | | | |
|---|-----------------|-----|--------|------|---|
| 1 | Moira West | W70 | Win | 1.00 | 8 |
| 2 | Vicky Bright | W60 | Soton | 1.00 | 7 |
| 3 | Marilyn Crocker | W70 | Havant | .85 | 6 |
| 4 | Dawn Cobbett | W60 | AFD | NM | |

Triple Jump W35

| | | | | | |
|---|-----------------|-----|-------|------|---|
| 1 | Becky Mulley | W40 | Soton | 8.68 | 8 |
| 2 | Christine Halls | W35 | BMH | 8.45 | 7 |
| 3 | Kathryn Miles | W45 | Win | 6.66 | 6 |
| 4 | Lindsay Badman | W40 | AFD | 6.14 | 5 |

W50

| | | | | | |
|---|--------------|-----|--------|------|---|
| 1 | Fiona Bolton | W50 | Win | 6.11 | 8 |
| 2 | Vicky Bright | W60 | Soton | 5.84 | 7 |
| 3 | Cat Coveney | W50 | BMH | 4.40 | 6 |
| 4 | Di Byrne | W55 | Havant | 4.33 | 5 |

Hammer W35

| | | | | | |
|---|------------------|-----|-------|-------|---|
| 1 | Shelley Parr | W35 | Win | 24.32 | 8 |
| 2 | Janet Dickinson | W55 | Soton | 23.53 | 7 |
| 3 | Claire Wood | W45 | AFD | 13.38 | 6 |
| 4 | Caroline Partner | W40 | BMH | 8.54 | 5 |

W50

| | | | | | |
|---|--------------------|-----|--------|-------|---|
| 1 | Deborah Montgomery | W50 | BMH | 30.67 | 8 |
| 2 | Roz Hutton | W70 | Soton | 22.50 | 7 |
| 3 | Christine Strobe | W65 | Havant | 22.18 | 6 |
| 4 | Sue Hume | W65 | Win | 18.59 | 5 |
| 5 | Dawn Cobbett | W60 | AFD | 11.71 | 4 |

Javelin W35

| | | | | | |
|---|-------------------|-----|--------|-------|---|
| 1 | Heather Sheffield | W40 | Win | 22.17 | 8 |
| 2 | Janet Dickinson | W55 | Soton | 20.49 | 7 |
| 3 | Claire Wood | W45 | AFD | 8.38 | 6 |
| 4 | Di Byrne | W55 | Havant | 7.46 | 5 |
| 5 | Jane Vickers | W45 | BMH | 6.81 | 4 |

W50

| | | | | | |
|---|--------------------|-----|--------|-------|---|
| 1 | Deborah Montgomery | W50 | BMH | 20.69 | 8 |
| 2 | Sue Hume | W65 | Win | 10.60 | 7 |
| 3 | Angela Owen | W60 | AFD | 10.38 | 6 |
| 4 | Caroline Barnfield | W60 | Soton | 9.86 | 5 |
| 5 | Christine Strode | W65 | Havant | 9.76 | 4 |