

SOUTHERN COUNTIES VETERANS A.C. TRACK & FIELD LEAGUE - Hampshire Division
Aldershot - Monday 12 July 2021

Men's Match

1	Basingstoke & Mid Hants	139 pts
2	Southampton	133 pts
3	Winchester & District	105 pts
4	Havant	74 pts
5=	Aldershot, Farnham & District	66 pts
5=	Overton Harriers	66 pts
7	Fleet & Crookham	46 pts
8	City of Portsmouth	44 pts

200 metres M35A

1	Dean Showler-Davis	M35 BMH	23.8	8
2	Harinder Singh	M35 Soton	25.7	7
3	Tim Smales	M40 Win	26.8	6
4	David Evans	M35 Havant	37.0	5
5	Keith Vallis	M55 Over	43.3	4

200 metres M35B

1	Neil Barton	M40 BMH	25.6	8
2	Steve Beak	M55 Soton	26.6	7
3	Piers Puntan	M50 Over	33.4	6
4	Steve Torrance	M60 Win	37.0	5

200 metres M50

1	Jon Tilt	M55 Soton	27.1	8
2	Neil Eames	M55 Havant	27.8	7
3	Andy Smerdon	M55 Fleet	29.0	6
4	Ray Watkins	M65 BMH	29.9	5
5	John Coe	M60 AFD	30.2	4
6	Chris Dewey	M50 Over	31.7	3
7	Dave Roberts	M50 Win	32.4	2

200 metres Non-Scoring

1	John Coe	M60 AFD	29.5
2	Michael Coker	M60 Soton	31.5
3	Tim Sorrel	M60 Soton	32.9
4	Graham Kent	M70 BMH	34.7
5	Mike Smears	M70 Soton	38.9

800 metres M35A, M35B

1	Mike Chambers	M45 Soton	2:07.6	8	A
2	Tim Smales	M40 Win	2:09.0	7	A
3	Simon Cooper	M45 AFD	2:10.0	6	A
4	Craig Berryman	M35 Havant	2:14.2	5	A
5	Kit Lau	M40 Soton	2:18.3	8	B
6	Andy Gannaway	M55 Win	2:21.3	7	B
7	Simon Gill	M40 Havant	2:23.6	6	B
8	Alastair Bridgman	M45 BMH	2:24.8	4	A
9	Richard Guy Smith	M45 AFD	2:34.2	5	B
10	Ian Thompson	M45 BMH	2:44.6	4	B
11	Piers Puntan	M50 Over	2:55.0	3	A

800 metres M50, M60, Non-Scoring

1	Andrew Lewis	M40 Soton	2:26.1		
2	David Vosser	M60 Win	2:28.9	8	M60
3	Adrian Weston	M50 AFD	2:29.8	8	M50
4	Peter Costley	M55 Soton	2:31.7	7	M50
5	Peat Allan	M50 Win	2:33.6	6	M50
6	Ray Gartland	M55 BMH	2:38.6	5	M50
7	David Blackman	M50 Soton	2:39.3		
8	Chris Dewey	M50 Over	2:39.4	4	M50
9	Rob Shenton	M45 Soton	2:40.9		
10	Mike Bell	M65 Ports	2:43.2	7	M60
11	Sid Delara	M65 Soton	2:53.0	6	M60
12	Don Powell	M70 BMH	2:56.8	5	M60
13	Mark Smith	M60 Ports	3:10.5	3	M50
14	Roger Jones	M65 Havant	3:22.2	4	M60
15	George Wallace	M65 AFD	3:54.6	3	M60

3000 metres M35A, M35B, M50, M60, Non-Scoring

1	Paul Cardy	M35 Ports	9:24.4	8	A
2	Alex Hamilton	M45 BMH	9:35.7	7	A
3	Matt Hibberd	M40 Soton	9:46.4	6	A
4	Iain Cross	M35 Soton	9:51.5	8	B
5	Richard Bidgood	M40 Win	9:57.0	5	A
6	Michael Rix	M50 Havant	10:03.0	8	M50
7	Tom Glancy	M40 AFD	10:14.9	4	A
8	Rob Bentley	M55 Soton	10:16.7	7	M50
9	Alastair Bridgman	M45 BMH	10:17.7	7	B
10	Andrew Lewis	M40 Soton	10:20.5		
11	Steve Jeffery	M50 BMH	10:24.3	6	M50
12	Jason Palmer-Myers	M50 Win	10:42.4	5	M50
13	Simon Gill	M40 Havant	10:53.5	3	A
14	Paul Johnson	M55 Soton	10:56.5		
15	Mark Hargreaves	M60 Ports	11:02.7	8	M60
16	Rosco Noott	M35 Win	11:08.2	6	B
17	Mugeni Sumba	M45 Havant	11:13.8	5	B
18	Franklyn Young	M60 Win	11:23.5	7	M60
19	Paul Bleach	M50 Ports	11:24.1	4	M50
20	Chris Dewey	M50 Over	11:33.4	3	M50
21	Adrian Weston	M50 AFD	11:39.8	2	M50
22	Ian Thompson	M45 BMH	11:40.7		
23	Russell Burton	M65 BMH	11:45.9	6	M60
24	Noel O'Dowd	M60 Soton	12:01.0	5	M60
25	Keith Vallis	M55 Over	12:24.0	2	A
26	Andrew Hislop	M55 AFD	12:36.3	4	B
27	Andrew Lucas	M50 Fleet	12:59.8	1	M50
28	Piers Puntan	M50 Over	13:07.3	3	B
29	Mark Smith	M60 Ports	13:13.7	2	B
30	Steve Goodwin	M65 Win	13:15.9		
31	Roger Jones	M65 Havant	14:15.7	4	M60

2000 metres Walk M35, M50, W35, W50

1	Keith Vallis	M55 Over	11:47.6	8	M50
2	Derek Smith	M65 Win	12:19.6	7	M50
3	George Wallace	M65 AFD	12:21.2	6	M50
4	Andy Smerdon	M55 Fleet	12:48.7	5	M50
5	Paul Bleach	M50 Ports	12:54.1	4	M50
6	Cat Coveney	W50 BMH	13:27.9		
7	Katherine Smith	W55 AFD	13:38.4		
8	Avi Govind	M40 BMH	13:39.8	8	M35
9	Caroline Partner	W40 BMH	13:40.3		
10	Ian Jennings	M50 AFD	14:01.2	7	M35
11	Caroline Barnfield	W60 Soton	14:04.9		
12	Hannah Willson	W40 Soton	14:20.7		
13	Diane Byrne	W50 Havant	15:07.0		
14	Roger Jones	M65 Havant	15:08.0	3	M50
15	Mark Norris	M50 BMH	15:16.2	2	M50
16	Peter Haynes	M70 Soton	15:16.6	1	M50
17	Piers Puntan	M50 Over	15:27.8	6	M35
18	Mugeni Sumba	M45 Havant	15:36.4	5	M35
19	Natalie Cain	W40 Win	15:36.4		
20	Sue Hume	W65 Win	15:49.9		
21	Judy Hewitt	W50 Over	16:44.6		
DQ	David Blackman	M50 Soton	11:23.5		M35

4x200m Relay

1		BMH	1:43.6	8
2		Soton	1:59.0	7
3		Win	2:05.5	6
4		Over	2:19.9	5
5		Havant	2:23.4	4

Pole Vault M35

1	Ben Hazell	M35 BMH	3.00	8
2	Brian Thompson	M45 Soton	2.60	7
3	John Dickinson	M55 Fleet	NM	

Pole Vault M50

1=	Derek Warn	M55 Soton	1.50	7
1=	Dave Bush	M50 Over	1.50	7
1=	Dave Roberts	M50 Win	1.50	7
4	David Haines	M80 Fleet	1.50	5

Triple Jump M35

1	Neil Barton	M40 BMH	12.47	8
2	Brian Thompson	M45 Soton	10.16	7
3	Andy Smerdon	M55 Fleet	NM	

Triple Jump M50

1	Andy McCrum	M60 BMH	NM	
2	Michael Coker	M60 Soton	NM	
3	Dave Roberts	M50 Win	NM	

Discus M35

1	John Dickinson	M35 BMH	33.20	8
2	Graham Lay	M45 Soton	32.72	7
3	Ian Jennings	M50 AFD	22.94	6
4	Craig Berryman	M35 Havant	18.62	5
5	Dave Hunt	M50 Fleet	18.61	4
6	Piers Puntan	M50 Over	17.17	3
7	Andy Gannaway	M55 Win	13.22	2

Discus M50

1	Rafer Joseph	M50 BMH	46.90	8
2	Paul Kelly	M50 Fleet	33.18	7
3	Mike Marchant	M55 Win	29.95	6
4	Andy Turner	M55 Soton	28.67	5
5	Allan Leiper	M60 AFD	26.43	4
6	Phil Gowers	M50 Ports	24.20	3
7	Keith Vallis	M55 Over	15.46	2

Discus Non-Scoring

1	Charles Scouller	M60 Ports	30.70	
2	Richard Healey	M65 Ports	30.67	
3	Andy McCrum	M60 BMH	22.96	
4	Steve Torrance	M60 Win	20.85	

Javelin M35

1	Ben Hazell	M35 BMH	43.73	8
2	Graham Lay	M45 Soton	39.58	7
3	Kit Lau	M40 Soton	22.52	
4	Piers Puntan	M50 Over	19.90	6
5	Andy Smerdon	M55 Fleet	19.80	5
6	Andy Gannaway	M55 Win	10.33	4

Javelin M50

1	Rafer Joseph	M50 BMH	37.50	8
2	Ian Jennings	M50 AFD	25.25	7
3	Dave Hunt	M50 Fleet	25.07	6
4	Mike Marchant	M55 Win	22.64	5
5	Neil Eames	M55 Havant	20.34	4
6	Peter Costley	M55 Soton	18.09	3
7	Phil Gowers	M50 Ports	18.07	2
8	Keith Vallis	M55 Over	12.16	1

Javelin M60

1	Andy McCrum	M60 BMH	18.57	8
2	David Haines	M80 Fleet	15.32	7
3	Pete Spencer	M75 Havant	14.95	6
4	Peter Haynes	M70 Soton	14.40	5
5	Steve Torrance	M60 Win	13.36	4
6	Richard Healey	M65 Ports	6.04	3

League Position after two matches

1	Basingstoke & Mid Hants	16 (298)
2	Southampton	14 (274)
3	Winchester & District	12 (206)
4	Havant	9 (139)
5	Aldershot, Farnham & District	8.5 (138)
6	Overton Harriers	6.5 (130)
7	Fleet & Crookham	4 (89)
8	City of Portsmouth	2 (81)

SOUTHERN COUNTIES VETERANS A.C. TRACK & FIELD LEAGUE - Hampshire Division
Aldershot - Monday 12 July 2021

Women's Match

1	Southampton	134.5 pts
2	Winchester & District	125 pts
3	Basingstoke & Mid Hants	122.5 pts
4	Havant	73 pts
5	Aldershot, Farnham & District	72 pts
6	Overton Harriers	57 pts
7	Fleet & Crookham	41 pts
8	City of Portsmouth	30 pts

200 metres W35A

1	Tracy Duke	W45 AFD	29.3	8
2	Kathryn Miles	W45 Win	29.5	7
3	Sarah Al-Romaihi	W35 Havant	29.7	6
4	Tracy Bezance	W55 Soton	29.9	5
5	Claire Boyle	W35 Over	31.6	4
6	Christine Halls	W35 BMH	32.4	3
7	Debbie Mangan	W45 Fleet	33.6	2

200 metres W35B

1	Marianna Morey	W35 AFD	31.1	8
2	Becky Mulley	W40 Soton	33.2	7
3	Sue True	W40 Win	33.2	6
4	Ruth Wallace	W35 Fleet	33.2	5
5	Elaine Liversage	W40 BMH	35.5	4
6	Liz Steward	W35 Havant	38.5	3

200 metres W50

1	Janet Dickinson	W50 Soton	31.2	8
2	Samantha Smith	W50 Ports	34.2	7
3	Cathy Kinnear	W50 Win	36.2	6
4	Cat Coveney	W50 BMH	36.7	5
5	Melissa Ratledge	W50 Havant	44.2	4

200 metres W60, N/S

1	Moira West	W70 Win	34.7	8
2	Amanda Godfrey	W60 Havant	35.8	7
3	Vicky Bright	W60 Soton	38.1	
4	Nick Walshe	W60 BMH	40.5	6
5	Coral Aukett	W60 Soton	41.1	5
6	Caroline Barnfield	W60 Soton	41.4	
7	Monique Van Nueten	W60 Over	43.1	4
8	Denise Perrett	W65 Ports	52.6	3

800 metres W35A, W35B

1	Lucy Short	W35 Soton	2:17.0	8	A
2	Sarah Kingston	W35 Soton	2:31.4	8	B
3	Christine Halls	W35 BMH	2:37.1	7	A
4	Bea Lafreniere	W45 AFD	2:37.6	6	A
5	Sue True	W40 Win	2:39.4	5	A
6	Charlotte Hoskins	W40 Win	2:51.0	7	B
7	Debbie Mangan	W45 Fleet	2:54.1	4	A
8	Claire Boyle	W35 Over	2:54.3	3	A
9	Elaine Liversage	W40 BMH	2:56.2	6	B
10	Liz Steward	W35 Havant	2:58.5	2	A
11	Lucy Pearson	W35 Over	3:02.4	5	B
12	Zoe Barton	W40 Fleet	3:07.0	4	B
13	Amanda Purser	W50 Ports	3:12.4	1	A

800 metres W50

1	Jill Jones	W50 Soton	2:48.6	8
2	Cathy Kinnear	W50 Win	2:50.3	7
3	Cath Wheeler	W60 Over	2:50.8	6
4	Samantha Smith	W50 Ports	2:57.0	5
5	Cat Coveney	W50 BMH	3:09.5	4
6	Coral Aukett	W60 Soton	3:37.6	

3000 metres W35A, W35B, W50

1	Ruth Wallace	W35 Fleet	11:12.3	8	A
2	Jane Gandee	W50 Win	11:15.0	8	W50
3	Christine Halls	W35 BMH	11:59.8	7	A
4	Mitch Lloyd	W45 BMH	12:01.0	8	B
5	Emma Carter	W45 Win	12:08.5	6	A
6	Jo Jefferies	W45 Win	12:11.5	7	B
7	Cath Wheeler	W60 Over	12:28.7	7	W50
8	Debbie Mangan	W45 Fleet	12:39.6	6	B
9	Liz Steward	W35 Havant	12:40.7	5	A
10	Lucy Pearson	W35 Over	12:52.9	4	A
11	Elizabeth Robinson	W50 Havant	12:55.5	6	W50
12	Hannah Willson	W40 Soton	13:07.6	3	A
13	Penny Abbott	W50 Fleet	13:10.3	5	W50
14	Becky Mulley	W40 Soton	13:48.9	5	B
15	Diane Byrne	W50 Havant	14:04.5	4	B
16	Claire Boyle	W35 Over	14:32.4	3	B
17	Nick Walshe	W60 BMH	15:12.5	4	W50
18	Jane Georghiou	W65 Ports	15:25.2	3	W50
19	Caroline Barnfield	W60 Soton	18:11.5	2	W50

2000 metres Walk M35, M50, W35, W50

1	Keith Vallis	M55 Over	11:47.6	
2	Derek Smith	M65 Win	12:19.6	
3	George Wallace	M65 AFD	12:21.2	
4	Andy Smerdon	M55 Fleet	12:48.7	
5	Paul Bleach	M50 Ports	12:54.1	
6	Cat Coveney	W50 BMH	13:27.9	8 W50
7	Katherine Smith	W55 AFD	13:38.4	7 W50
8	Avi Govind	M40 BMH	13:39.8	
9	Caroline Partner	W40 BMH	13:40.3	8 W35
10	Ian Jennings	M50 AFD	14:01.2	
11	Caroline Barnfield	W60 Soton	14:04.9	6 W50
12	Hannah Willson	W40 Soton	14:20.7	7 W35
13	Diane Byrne	W50 Havant	15:07.0	5 W50
14	Roger Jones	M65 Havant	15:08.0	
15	Mark Norris	M50 BMH	15:16.2	
16	Peter Haynes	M70 Soton	15:16.6	
17	Piers Puntan	M50 Over	15:27.8	
18	Mugeni Sumba	M45 Havant	15:36.4	
19	Natalie Cain	W40 Win	15:36.4	6 W35
20	Sue Hume	W65 Win	15:49.9	4 W50
21	Judy Hewitt	W50 Over	16:44.6	3 W50
DQ	David Blackman	M50 Soton	11:23.5	

4x200m Relay

1		AFD	2:05.2	8
2		Soton	2:12.5	7
3		Win	2:16.7	6
4		BMH	2:18.0	5
5		Over	2:31.4	4
6		Fleet	2:32.0	3
7		Havant	2:35.2	2

Pole Vault W35

1	Becky Mulley	W40 Soton	1.50	8
2	Bea Lafreniere	W45 AFD	1.20	7

Pole Vault W50

1=	Susanne Jacob-Williams	W50 BMH	1.20	7.5
1=	Vicky Bright	W60 Soton	1.20	7.5
3	Fiona Bolton	W50 Win	NM	

Long Jump W35

1	Becky Mulley	W40 Soton	3.84	8
2	Kathryn Miles	W45 Win	3.76	7
3	Lindsay Badman	W40 AFD	3.67	6
4	Tracy Duke	W45 AFD	3.50	
5	Lucy Pearson	W35 Over	2.84	5
6	Caroline Partner	W40 BMH	1.65	4

Long Jump W50

1	Cat Coveney	W50 BMH	2.76	8
2	Fiona Bolton	W50 Win	2.63	7
3	Diane Byrne	W50 Havant	1.64	6

Long Jump W60

1	Amanda Godfrey	W60 Havant	3.02	8
2	Moira West	W70 Win	2.94	7
3	Vicky Bright	W60 Soton	2.57	6

Shot W35

1	Shelley Parr	W35 Win	8.35	8
2	Sarah Kingston	W35 Soton	6.08	7
3	Claire Wood	W45 AFD	5.63	6
4	Gail Tyson	W45 BMH	4.11	5
5	Sarah Al-Romaihi	W35 Havant	3.97	4

Shot W50

1	Deborah Montgomery	W50 BMH	8.30	8
2	Janet Dickinson	W50 Soton	7.75	7
3	Eni Font Freide	W55 AFD	6.95	6
4	Sandra Saric	W50 Ports	6.77	5
5	Helen Wilson	W55 AFD	6.38	
6	Christine Strode	W60 Havant	5.37	4
7	Sue Hume	W65 Win	5.17	3
8	Monique Van Nueten	W60 Over	4.16	2
9	Penny Abbott	W50 Fleet	3.62	1

Discus W35

1	Shelley Parr	W35 Win	38.48	8
2	Susanne Jacob-Williams	W50 BMH	22.72	7
3	Claire Wood	W45 AFD	16.43	6
4	Sarah Kingston	W35 Soton	16.39	5
5	Claire Boyle	W35 Over	16.28	4
6	Ruth Wallace	W35 Fleet	14.82	3
7	Vicki Spencer	W55 Havant	11.49	2

Discus W50

1	Deborah Montgomery	W50 BMH	23.07	8
2	Janet Dickinson	W50 Soton	21.37	7
3	Sandra Saric	W50 Ports	19.69	6
4	Christine Strode	W60 Havant	19.58	5
5	Helen Wilson	W55 AFD	16.18	4
6	Cath Wheeler	W60 Over	14.89	3
7	Sue Hume	W65 Win	14.69	2

League Position after two matches

1	Southampton	15 (249.5)
2	Winchester & District	15 (248)
3	Aldershot, Farnham & District	10 (175)
4	Havant	10 (150)
5	Basingstoke & Mid Hants	9.5 (172.5)
6	Overton Harriers	6.5 (107)
7	City of Portsmouth	3 (70)
8	Fleet & Crookham	3 (53)