

**SOUTHERN COUNTIES VETERANS A.C. TRACK & FIELD LEAGUE - Hampshire Division
Winchester - Monday 21 June 2021**

Men's Match

1	Basingstoke & Mid Hants	159 pts
2	Southampton	141 pts
3	Winchester & District	101 pts
4	Aldershot, Farnham & District	72 pts
5	Havant	65 pts
6	Overton Harriers	64 pts
7	Fleet & Crookham	43 pts
8	City of Portsmouth	37 pts

100 metres M35 A

1	Dean Showler-Davis	M35 BMH	11.5	8
2	Mark Collins	M45 Soton	12.1	7
3	Darren Dods	M45 AFD	12.4	6
4	Phil Brame	M50 Ports	13.4	5
5	Gareth Juliff	M40 Over	13.9	4
6	Andy Gannaway	M55 Win	14.4	3
7	David Evans	M35 Havant	17.0	2

100 metres M35 B

1	Harinder Singh	M35 Soton	12.0	8
2	Neil Barton	M40 BMH	12.2	7
3	Henry Hopkins	M60 Win	15.0	6
4	Keith Vallis	M55 Over	19.2	5

100 metres M50

1	Steve Beak	M55 Soton	12.7	8
2	Andy McCrum	M60 BMH	13.1	7
3	Neil Eames	M55 Havant	13.6	6
4	John Dickinson	M55 Fleet	14.3	5
5	Ian Parker	M50 Win	14.5	4
6	Piers Puntan	M50 Over	15.3	3

100 metres Non-Scoring

1	Ray Watkins	M65 BMH, n/s	14.2	
2	Vic Novell	M75 Soton, n/s	14.4	
3	Graham Kent	M70 BMH, n/s	16.8	
4	Mike Smears	M70 Soton, n/s	18.1	

400 metres M35 A

1	Jonathan Elderfield	M35 BMH	53.1	8
2	Tim Smales	M40 Win	57.1	7
3	Simon Ciaravella	M45 Soton	59.2	6
4	Gareth Juliff	M40 Over	69.3	5
5	David Evans	M35 Havant	84.3	4

400 metres M35 B

1	Ben Hazell	M35 BMH	56.9	8
2	Rob Ralls	M45 Soton	59.0	7
3	Nick Ambler	M45 Win	66.6	6
4	Neil Martin	M45 Over	74.9	5

400 metres M50

1	Jon Tilt	M55 Soton	59.4	8
2	Andy Waddington	M55 BMH	61.5	7
3	Neil Eames	M55 Havant	62.6	6
4	Andy Gannaway	M55 Win	65.4	5
5	Adrian Weston	M50 AFD	66.1	4
6	John Dickinson	M55 Fleet	67.8	3
7	Sean Holmes	M50 Over	74.9	2

400 metres M60

1	Mark Hargreaves	M60 Ports	70.2	8
2	Henry Hopkins	M60 Win	71.8	7
3	Vic Novell	M75 Soton, n/s	74.1	
4	Michael Coker	M60 Soton	74.1	6
5	Paul Hillyard	M65 Havant	74.1	5
6	T Sorrel	M60 Soton, n/s	74.8	
7	Graham Kent	M70 BMH	84.4	4

1500 metres M35 A, M35 B

1	Matthew Risdien	M35 Soton	4:28.6	8	A
2	Peter Watkeys	M35 BMH	4:29.5	7	A
3	Iain Cross	M35 Soton	4:36.8	8	B
4	Simon Cooper	M45 AFD	4:38.3	6	A
5	Richard Bidgood	M40 Win	4:43.5	5	A
6	Craig Berryman	M35 Havant	4:49.4	4	A
7	Justyn Moore	M40 BMH	4:52.3	7	B
8	Tom Glancy	M40 AFD	4:55.8	6	B
9	Sean Holmes	M50 Over	5:13.3	3	A
10	Marius Kwint	M55 Win	5:20.6	5	B
11	Neil Martin	M45 Over	5:45.4	4	B
12	Mike Bell	M65 Ports	5:54.0	2	A
13	Malcolm Renyard	M75 Havant	6:23.3	3	B
14	Mark Smith	M60 Ports	6:24.7	2	B

1500 metres M50, Non-Scoring

1	Mark Symes	M50 AFD	4:27.3	8	
2	Kevin Yates	M35 Soton, n/s	4:40.8		
3	Andrew Lewis	M40 Soton, n/s	4:44.2		
4	Richard Crawford	M35 Soton, n/s	4:52.1		
5	Greg Warder	M45 Soton, n/s	4:53.8		
6	Andy Morgan-Lee	M50 Soton	4:55.1	7	
7	Jason Palmer-Myers	M50 Win	4:56.2	6	
8	Jonathan Bean	M35 Soton, n/s	5:04.5		
9	Steve Jeffery	M50 BMH	5:07.4	5	
10	Nick Wood	M45 Win, n/s	5:09.7		
11	Chris Dewey	M50 Over	5:19.5	4	
12	Mark Hargreaves	M60 Ports	5:27.7	3	
13	Ray Gartland	M55 BMH, n/s	5:29.5		
14	Ian Thompson	M45 BMH, n/s	5:39.4		
15	Rob Shenton	M45 Soton, n/s	5:41.4		
16	Rick Munro	M50 Win, n/s	5:41.9		

3000 metres Steeplechase M35 A, M35 B, M50

1	Paul Cardy	M35 Ports	10:33.3	8	A
2	Pete Sansome	M45 Win	10:54.0	7	A
3	Tony Parker	M35 BMH	11:22.6	6	A
4	Kit Lau	M40 Soton	11:43.6	5	A
5	Steve Jeffery	M50 BMH	12:08.1	8	M50
6	Ian Thompson	M45 BMH	13:35.8	8	B
7	Rosco Noott	M35 Win	14:09.2	7	B
8	Andrew Hislop	M55 AFD	14:54.6	7	M50
9	Roger Jones	M65 Havant	15:53.0	6	M50

Medley Relay

1		BMH	3:54.6	8
2		Soton	4:12.8	7
3		Win	4:27.1	6
4		Over	5:06.3	5

High Jump M35

1	Darren Dods	M45 AFD	1.65	8
2	Ben Hazell	M35 BMH	1.60	7
3	Brian Thompson	M45 Soton	1.50	6
4	Gareth Juliff	M40 Over	1.10	5

High Jump M50

1	Andy Waddington	M55 BMH	1.55	8
2	Andy Morgan-Lee	M50 Soton	1.35	7
3	Dave Hunt	M50 Fleet	1.30	6
4	Paul Hillyard	M65 Havant	1.20	5

Long Jump M35

1	Neil Barton	M40 BMH	6.18	8
2	Darren Dods	M45 AFD	5.59	7
3	Harinder Singh	M35 Soton	5.03	6
4	Gareth Juliff	M40 Over	4.13	5

Long Jump M50

1	Andy McCrum	M60 BMH	4.60	8
2	Derek Warn	M55 Soton	4.31	7
3	Henry Hopkins	M60 Win	4.12	6
4	John Dickinson	M55 Fleet	4.00	5
5	Keith Vallis	M55 Over	3.74	4

Shot M35

1	Graham Lay	M45 Soton	12.11	8
2	John Dickinson	M35 BMH	10.36	7
3	Peter Evans	M50 Fleet	8.88	6
4	Andy Hall	M70 Havant	8.73	5
5	Piers Puntan	M50 Over	6.31	4
6	Andy Gannaway	M55 Win	5.59	3
7	Mark Norris	M45 BMH, n/s	5.23	

Shot M50

1	Mike Marchant	M55 Win	10.08	8
2	Andy Turner	M55 Soton	8.84	7
3	Dave Hunt	M50 Fleet	8.28	6
4	Andy Waddington	M55 BMH	8.07	5
5	Mark Scarborough	M60 Havant	7.59	4
6	Phil Gowers	M50 Ports	7.04	3
7	Keith Vallis	M55 Over	5.46	2

Shot M60

1	Allan Leiper	M60 AFD	12.57	8
2	Andy McCrum	M60 BMH	10.27	7
3	Richard Healey	M65 Ports	9.64	6
4	Michael Coker	M60 Soton	8.97	5
5	Paul Hillyard	M65 Havant	8.78	4

Shot F38

1	Phil Gowers	M50 Ports, n/s	7.54	
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Hammer M35

1	Andy Hall	M70 Havant	37.60	8
2	John Dickinson	M35 BMH	28.24	7
3	Allan Leiper	M60 AFD	27.31	6
4	Graham Lay	M45 Soton	26.24	5
5	Peter Evans	M50 Fleet	20.80	4
6	Andy Gannaway	M55 Win	15.16	3
7	Piers Puntan	M50 Over	15.10	2

Hammer M50

1	Paul Kelly	M50 Fleet	36.77	8
2	Mike Marchant	M55 Win	30.96	7
3	Nigel Hooker	M65 AFD	28.19	6
4	Derek Warn	M55 Soton	23.15	5
5	Andy Waddington	M55 BMH	20.59	4
6	Mark Scarborough	M60 Havant	19.32	3
7	Keith Vallis	M55 Over	12.04	2

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Winchester - Monday 21 June 2021

Women's Match

1	Winchester & District	123 pts
2	Southampton	115 pts
3	Aldershot, Farnham & District	103 pts
4	Havant	77 pts
5=	Basingstoke & Mid Hants	50 pts
5=	Overton Harriers	50 pts
7	City of Portsmouth	40 pts
8	Fleet & Crookham	12 pts

100 metres W35 A

1	Natasha Norris	W45 AFD	13.8	8
2	Kathryn Miles	W45 Win	14.2	7
3	Sarah Al-Romaiithi	W35 Havant	14.4	6
4	Tracy Bezance	W55 Soton	14.5	5
5	Claire Boyle	W35 Over	14.5	4
6	Ruth Wallace	W35 Fleet	15.7	3
7	Lisa Gottwald	W40 BMH	18.4	2

100 metres W35 B

1	Marianna Morey	W35 AFD	14.9	8
2	Erin Willmers	W35 Win	15.1	7
3	Alice Burch	W35 Soton	15.5	6
4	Naomi Loader	W35 Havant	18.3	5
5	Caroline Partner	W40 BMH	19.4	4

100 metres W50

1	Janet Dickinson	W50 Soton	15.0	8
2	Eni Font Freide	W55 AFD	15.6	7
3	Kay Noyce	W55 Over	17.0	6
4	Vicky Bright	W60 Soton, n/s	17.4	
5	Fiona Bolton	W50 Win	17.8	5
6	Nick Walshe	W60 BMH	18.6	4
7	Melissa Ratledge	W50 Havant	19.7	3
8	Sandra Saric	W50 Ports	19.9	2

400 metres W35 A

1	Lucy Short	W35 Soton	62.1	8
2	Sue True	W40 Win	70.7	7
3	Claire Boyle	W35 Over	71.7	6
4	Lindsay Badman	W40 AFD	72.8	5
5	Sarah Al-Romaiithi	W35 Havant	73.2	4
6	Ruth Wallace	W35 Fleet	74.2	3
7	Mitch Lloyd	W45 BMH	74.2	2
8	Alex Coomber	W45 Ports	76.1	1

400 metres W35 B

1	Alice Burch	W35 Soton	70.8	8
2	Kathryn Miles	W45 Win	74.5	7
3	Tracy Duke	W45 AFD	76.2	6
4	Lisa Gottwald	W40 BMH	82.1	5

400 metres W50, W60

1	Tracy Bezance	W55 Soton	70.8	8	W50
2	Cathy Kinnear	W50 Win	76.9	7	W50
3	Kay Noyce	W55 Over	77.8	6	W50
4	Amanda Godfrey	W60 Havant	82.4	8	W60
5	Cat Coveney	W50 BMH	83.9	5	W50
6	Caroline Barnfield	W60 Soton	93.5	6	W60
7	Marilyn Crocker	W70 Havant	144.2	4	W50

400 metres W60

1	Joy Radford	W65 Win	88.9	7
2	Monique Van Nueten	W60 Over	97.9	5
3	Denise Perrett	W65 Ports	140.6	4

1500 metres W35 A, W35 B, W50

1	Erin Willmers	W35 Win	5:02.8	8	A
2	Lesley Locks	W40 AFD	5:03.0	7	A
3	Ruth Wallace	W35 Fleet	5:18.2	6	A
4	Jane Gandee	W50 Win	5:19.0	8	W50
5	Claire McErlean	W35 Soton	5:19.7	5	A
6	Bea Lafreniere	W45 AFD	5:27.5	8	B

7	Cath Wheeler	W60 Over	5:44.4	7	W50
8	Mitch Lloyd	W45 BMH	5:47.6	4	A
9	Kay Noyce	W55 Over	5:48.1	3	A
10	Alex Coomber	W45 Ports	5:50.7	2	A
11	Jo Jefferies	W45 Win	6:05.8	7	B
12	Sam Smith	W50 Ports	6:13.9	6	W50
13	Diane Byrne	W50 Havant	6:39.8	5	W50
14	Nick Walshe	W60 BMH	7:08.6	4	W50

Medley Relay

1		AFD	4:51.6	8
2		Win	4:57.6	7
3		Soton	4:58.9	6
4		Over	5:35.5	5
5		BMH	5:43.4	4

High Jump W35

1	Claire Boyle	W35 Over	1.35	8
2	Clare Bryant	W40 AFD	1.20	7
3	Becky Mulley	W40 Soton	1.15	6
4	Heather Sheffield	W40 Win	NM	

High Jump W50

1	Amanda Godfrey	W60 Havant	1.05	8
2	Fiona Bolton	W50 Win	1.00	7
3	Vicky Bright	W60 Soton	0.95	6
4	Kirsten Workman	W65 AFD	0.85	5
5	Cat Coveney	W50 BMH	NM	

Triple Jump W35

1	Becky Mulley	W40 Soton	9.02	8
2	Alex Coomber	W45 Ports	7.88	7
3	Alison Fenwick	W55 Win	7.38	6
4	Tracy Duke	W45 AFD	7.03	5
5	Diane Byrne	W50 Havant	4.41	4

Triple Jump W50

1	Amanda Godfrey	W60 Havant	6.42	8
2	Fiona Bolton	W50 Win	6.39	7
3	Vicky Bright	W60 Soton	5.18	6
4	Kirsten Workman	W65 AFD	4.54	5

Hammer W35

1	Shelley Parr	W35 Win	24.78	8
2	Janet Dickinson	W50 Soton	24.61	7
3	Lindsay Badman	W40 AFD	12.02	6

Hammer W50

1	Deborah Montgomery	W50 BMH	31.86	8
2	Sandra Saric	W50 Ports	26.33	7
3	Christine Strobe	W60 Havant	22.95	6
4	Kirsten Workman	W65 AFD	22.09	5
5	Roz Hutton	W70 Soton	21.60	4
6	Sue Hume	W65 Win	18.96	3

Javelin W35

1	Heather Sheffield	W40 Win	24.63	8
2	Clare Bryant	W40 AFD, n/s	20.26	
3	Alex Coomber	W45 Ports	18.89	7
4	Becky Mulley	W40 Soton	15.34	6
5	Nina Ellis	W45 AFD	8.88	5
6	Diane Byrne	W50 Havant	6.85	4

Javelin W50

1	Deborah Montgomery	W50 BMH	25.06	8
2	Janet Dickinson	W50 Soton	21.90	7
3	Iris Mitchell	W80 Havant	9.05	6
4	Joy Radford	W65 Win	NM	

Javelin W60

1	Kirsten Workman	W65 AFD	18.37	8
2	Sue Hume	W65 Win	10.37	7
3	Christine Strobe	W60 Havant	9.61	6
4	Caroline Barnfield	W60 Soton	9.50	5
5	Denise Perrett	W65 Ports	6.02	4