

**SOUTHERN COUNTIES VETERANS A.C. TRACK & FIELD LEAGUE - Hampshire Division
Winchester - Monday 20 May 2019**

Men's Match

1	Southampton	140 pts
2	Aldershot, Farnham & District	114 pts
3	Basingstoke & Mid Hants	110 pts
4	Winchester & District	98 pts
5	Havant	85 pts
6	City of Portsmouth	56 pts
7	Fleet & Crookham	45 pts
8	Overton Harriers	41 pts

200 metres M35 A

1	Mark Collins	M45 Soton	24.0	8
2	Darren Dods	M40 AFD	24.7	7
3	Mark Vallier	M40 Ports	25.1	6
4	Neil Barton	M35 BMH	25.9	5
5	Kevin Wheeler	M35 Havant	26.1	4
6	Kwame Amonoo-Kuofi	M45 Win	28.3	3
7	Gareth Juliff	M40 Over	31.2	2

200 metres M35 B

1	Ben Green	M40 AFD	24.3	8
2	Steve Beak	M55 Soton	25.0	7
3	Loba Olopade	M40 BMH	26.2	6
4	Ben Johnson	M35 Over	28.5	5
5	Rhys Hawkes	M35 Havant	29.4	4
6	Tom Vamos	M50 Win	29.8	3

200 metres M50

1	Richard Wheeler	M55 Ports	26.4	8
2	Dan Tomlinson	M50 AFD	26.6	7
3	Andy McCrum	M60 BMH	27.2	6
4	Andy Smerdon	M55 Fleet	28.3	5
5	Derek Warn	M50 Soton	28.7	4
6	Richard Turner	M50 Havant	28.8	3
7	Dave Roberts	M50 Win	30.7	2
8	Keith Vallis	M50 Over	39.9	1

200 metres M60

1	Henry Hopkins	M60 Win	29.3	8
2	Ray Watkins	M65 BMH	29.6	7
3	Vic Novell	M70 Soton	29.8	6
4	Stephen Ford	M65 AFD	31.2	5
5	Frank Blackwell	M65 Havant	33.8	4

200 metres Non-Scoring

1	Paul Hillyard	M65 Havant, n/s	30.7
2	Alan Forse	M75 Soton, n/s	31.0
3	David Evans	M35 Havant, n/s	32.5
4	Derek Wardle	M70 BMH, n/s	32.7
5	Peter Haynes	M65 Soton, n/s	36.2

800 metres M35 A, M35 B

1	Mark Symes	M50 AFD	2:08.0	8	A
2	Simon Gill	M40 Havant	2:12.0	7	A
3	David Blackman	M50 Soton	2:15.0	6	A
4	Kit Lau	M35 Soton	2:23.2	8	B
5	Peat Allan	M50 Win	2:25.9	5	A
6	Andrew Cackett	M35 BMH	2:27.7	4	A
7	Gareth Juliff	M40 Over	2:30.3	3	A
8	Colin Addison	M55 AFD	2:30.9	7	B
9	Sean Holmes	M45 Over	2:33.5	6	B
10	Chris Hutber	M50 Ports	2:34.1	2	A
11	David Mitchell	M35 Win	2:35.5	5	B
12	Ian Thompson	M40 BMH	2:36.5	4	B
13	David Knowles	M50 Havant	2:51.8	3	B

800 metres M50, Non-Scoring

1	Jon Grainger	M55 Soton	2:17.2	8
2	Andy Gannaway	M55 Win	2:18.7	7
3	Paul Gaylor	M50 AFD	2:19.0	6
4	Chris Dewey	M50 Over	2:20.8	5
5	Nick Ambler	M40 Win, n/s	2:21.5	
6	Jim Garland	M50 Havant	2:23.8	4
7	Steve Jeffery	M50 BMH	2:30.5	3
8	Michael Hickey	M55 BMH, n/s	2:32.6	
9	Richard Turner	M50 Havant, n/s	2:38.2	
10	Terry Wegg	M50 BMH, n/s	2:44.8	
11	Andy Smerdon	M55 Fleet	3:01.1	2

3000 metres M35 A, M35 B, M50, M60

1	Alex Hamilton	M40 BMH	9:25.9	8	A
2	James Smith	M45 Soton	9:29.7	7	A
3	Damien Spreckley	M40 Ports	9:37.5	6	A
4	Mark Causebrook	M35 Soton	9:56.2	8	B
5	Paul Mitchinson	M35 Havant	9:59.1	5	A
6	Andrew Lewis	M35 Soton, n/s	10:04.1		
7	Matthew Morgan	M40 Fleet	10:13.8	4	A
8	Alastair Bridgman	M45 BMH	10:14.1	7	B
9	Mike Chambers	M40 Win	10:15.0	3	A
10	Rob Bentley	M50 Soton	10:16.6	8	M50
11	Chris Dewey	M50 Over	10:24.0	7	M50
12	Sean Holmes	M45 Over	10:28.2	2	A
13	Greg Warder	M45 Soton, n/s	10:29.2		
14	Marius Kwint	M50 Win	10:31.3	6	M50
15	Steve Jeffery	M50 BMH, n/s	10:36.1		
16	Robert Agar	M35 Havant	10:37.7	6	B
17	Ian Thompson	M40 BMH, n/s	10:44.2		
18	Tony Watkins	M55 BMH	10:45.5	5	M50
19	Mark Hayter	M35 Soton, n/s	10:49.4		
20	Nicolas Willson	M40 Soton, n/s	10:51.9		
21	Mark Hargreaves	M60 Ports	11:00.2	8	M60
22	David Vossier	M55 Win	11:02.8	5	B
23	Matt Gill	M35 Havant, n/s	11:04.8		
24	Mickael Hegesippe	M45 Fleet	11:23.8	4	B
25	John Collis	M45 Havant, n/s	11:32.8		
26	Noel O'Dowd	M60 Soton	11:38.0	7	M60
27	Keith Vallis	M50 Over	12:04.4	3	B
28	Andrew Hislop	M50 AFD	12:07.7	4	M50
29	Patrick Symington	M60 BMH	12:09.0	6	M60
30	JJ Heath-Caldwell	M60 Win	12:11.8	5	M60
31	Terry Wegg	M50 BMH, n/s	12:36.0		
32	Tim Fowler	M60 BMH, n/s	12:54.9		

4x400m Relay

1	Soton	4:01.9	8
2	BMH	4:03.9	7
3	AFD	4:09.8	6
4	Havant	4:11.6	5
5	Win	4:26.6	4
6	Ports	4:36.1	3
7	Over	4:59.3	DQ

Pole Vault M35

1	Darren Dods	M40 AFD	2.80	8
2	John Dickinson	M55 Fleet	2.20	7
3	Graham Lay	M40 Soton	2.00	6
4	Frank Blackwell	M65 Havant	1.90	5
5	Robert Tyson	M40 BMH	1.50	4

Pole Vault M50

1	Derek Warn	M50 Soton	2.80	8
2	Paul Hillyard	M65 Havant	2.50	7
3	Allan Leiper	M55 AFD	2.30	6
4	Dave Roberts	M50 Win	2.00	5
5	Michael Hickey	M55 BMH	2.00	4
6	David Haines	M75 Fleet	1.40	3

Triple Jump M35

1	Darren Dods	M40 AFD	11.55	8
2	Neil Barton	M35 BMH, n/s	11.47	
3	Loba Olopade	M40 BMH	10.94	7
4	Brian Thompson	M40 Soton	10.75	6
5	Dave Roberts	M50 Win	9.40	5
6	Ben Johnson	M35 Over	8.95	4
7	David Evans	M35 Havant	5.33	3

Triple Jump M50

1	Henry Hopkins	M60 Win	9.52	8
2	Michael Coker	M60 Soton	9.12	7
3	Andy Waddington	M55 BMH	8.87	6
4	Andy McCrum	M60 BMH, n/s	8.86	
5	Allan Leiper	M55 AFD	8.45	5
6	Paul Hillyard	M65 Havant, n/s	7.72	

Discus M35

1	Graham Lay	M40 Soton	35.79	8
2	Darren Dods	M40 AFD	30.54	7
3	Jeremy Clifton	M45 Win	29.32	6
4	Tim Brown	M40 Havant	26.54	5
5	Paul Williams	M45 Ports	18.72	4
6	Robert Tyson	M40 BMH	17.90	3
7	John Dickinson	M55 Fleet	15.47	2
8	Gareth Juliff	M40 Over	12.80	1

Discus M50

1	Peter Evans	M50 Fleet	37.00	8
2	Allan Leiper	M55 AFD	32.51	7
3	Andy Hall	M65 Havant	29.72	6
4	Richard Wheeler	M55 Ports	27.76	5
5	Mike Marchant	M55 Win	26.44	4
6	Andy Waddington	M55 BMH	24.59	3
7	Derek Warn	M50 Soton	24.53	2
8	Keith Vallis	M50 Over	16:53	1
9	Steve Torrance	M55 Win, n/s	15.38	

Discus M60

1	Mike Ferne	M70 Soton	39.18	8
2	Richard Healey	M60 Ports	33.56	7
3	Paul Hillyard	M65 Havant	31.68	6
4	Michael Coker	M60 Soton, n/s	24.67	
5	Patrick Symington	M60 BMH	23.78	5
6	Henry Hopkins	M60 Win	23.33	4
7	Andy McCrum	M60 BMH, n/s	NM	

Javelin M35

1	Graham Lay	M40 Soton	38.75	8
2	Darren Dods	M40 AFD	34.14	7
3	Jeremy Clifton	M45 Win	33.68	6
4	Tim Brown	M40 Havant	30.37	5
5	Robert Tyson	M40 BMH	28.53	4
6	Andy Smerdon	M55 Fleet	22.28	3
7	Paul Williams	M45 Ports	18.40	2
8	Greg Warder	M45 Soton, n/s	18.09	

Javelin M50

1	Allan Leiper	M55 AFD	34.31	8
2	Peter Evans	M50 Fleet	33.59	7
3	Andy Waddington	M55 BMH	33.06	6
4	Richard Wheeler	M55 Ports	27.23	5
5	Mike Marchant	M55 Win	23.99	4
6	Andy Hall	M65 Havant	23.15	3
7	Peter Costley	M50 Soton	20.33	2
8	Keith Vallis	M50 Over	13.30	1

League Position after two matches

1	Southampton	16 (285)
2	Aldershot, Farnham & District	14 (240)
3	Basingstoke & Mid Hants	12 (221)
4	Winchester & District	9 (197)
5	Havant	9 (187)
6	City of Portsmouth	6 (140)
7	Overton Harriers	3 (94)
8	Fleet & Crookham	3 (79)

SOUTHERN COUNTIES VETERANS A.C. TRACK & FIELD LEAGUE - Hampshire Division

Winchester - Monday 20 May 2019

Women's Match

1	Southampton	136 pts
2	Winchester & District	113 pts
3	City of Portsmouth	85 pts
4	Havant	78 pts
5	Aldershot, Farnham & District	71 pts
6	Fleet & Crookham	63 pts
7	Basingstoke & Mid Hants	50 pts
8	Overton Harriers	21 pts

200 metres W35 A

1	Natasha Norris	W40 AFD	28.5	8
2	Tracy Bezance	W50 Soton	28.6	7
3	Kathryn Miles	W45 Win	29.6	6
4	Victoria Harfield	W35 Ports	30.5	5
5	Ruth Wallace	W35 Fleet	32.0	4
6	Rachael Viseck	W35 Over	34.2	3
7	Lisa Gottwald	W40 BMH	36.6	2
8	Marilyn Crocker	W70 Havant	51.1	1

200 metres W35 B

1	Bea Lafreniere	W40 AFD	29.6	8
2	Becky Mulley	W35 Soton	31.0	7
3	Moira West	W70 Win	33.6	6
4	Louise Apsey	W40 Fleet	35.6	5
5	Anja Fairbairn	W40 Ports	36.0	4
6	Cath Row	W50 Havant	40.0	3

200 metres W50

1	Janet Dickinson	W50 Soton	28.8	8
2	Jayne Anscombe	W50 Ports	31.5	7
3	Angela Owen	W60 AFD	33.2	6
4	Alison Fenwick	W55 Win	34.1	5
5	Nicki Turner	W50 Havant	35.9	4
6	Nick Walshe	W55 BMH	40.1	3
7	Janet Leggett	W55 Fleet	43.5	2

200 metres Non-Scoring

1	Tracy Duke	W40 AFD, n/s	30.6	
2	Kelly Roberts	W45 AFD, n/s	31.1	

800 metres W35 A, W35 B

1	Ruth Wallace	W35 Fleet	2:35.4	8	A
2	Joy Wright	W40 Soton	2:36.5	7	A
3	Sue True	W40 Win	2:36.6	6	A
4	Hannah Waters	W35 AFD	2:39.8	5	A
5	Claire McErlean	W35 Soton	2:43.1	8	B
6	Charlotte Hoskins	W40 Win	2:47.9	7	B
7	Bea Lafreniere	W40 AFD	2:55.3	6	B
8	Emma Wickens	W35 Havant	2:56.0	4	A
9	Louise Apsey	W40 Fleet	2:58.5	5	B
10	Lisa Gottwald	W40 BMH	2:59.3	3	A
11	Denise Perrett	W65 Ports	5:29.2	2	A

800 metres W50, W60

1	Lucy Elliott	W50	Win	2:38.0	8	W50
2	Amanda Godfrey	W55	Havant	2:57.5	7	W50
3	Jayne Anscombe	W50	Ports	2:58.3	6	W50
4	Penny Forse	W65	Soton	3:11.5	8	W60
5	Joy Radford	W65	Win	3:13.0	7	W60
6	Margaret Moody	W70	BMH	3:22.3	6	W60
7	Jane Georghiou	W65	Ports	3:27.9	5	W60
8	Monique Van Nueten	W60	Over	3:29.3	4	W60
9	Tracey Jones	W50	Soton	3:41.7	5	W50
10	Janet Leggett	W55	Fleet	3:42.6	4	W50
11	Paula Steckiw	W65	BMH	4:12.6	3	W50
12	Marilyn Crocker	W70	Havant	4:19.2	3	W60

3000 metres W35 A, W35 B, W50

1	Lesley Locks	W40	Fleet	10:28.9	8	A
2	Ruth Wallace	W35	Fleet	10:54.4	8	B
3	Tamsin Simmonds	M40	Win	11:07.0	7	A
4	Claire McErlean	W35	Soton	11:07.6	6	A
5	Kate Towerton	W35	Win	11:13.3	7	B
6	Nicci Blandford	W40	Soton	11:23.6	6	B
7	Jane Gandee	W50	Win	11:53.9	8	W50
8	Zoe Gill	W40	Havant	12:31.6	5	A
9	Rachael Viseck	W35	Over	13:05.9	4	A
10	Sandra Dancer	W50	Soton	13:07.4	7	W50
11	Jane Georghiou	W65	Ports	13:56.5	6	W50
12	Nick Walshe	W55	BMH	14:05.5	5	W50
13	Cath Row	W50	Havant	14:54.0	5	B
14	Nicki Turner	W50	Havant	14:54.2	4	W50
15	Janet Leggett	W55	Fleet	15:59.2	3	W50

4x400m Relay

1		Soton		4:33.4	8
2		AFD		4:41.3	7
3		Win		4:54.6	6
4		Fleet		5:36.2	5
5		Havant		5:39.3	4
6		BMH		6:35.7	3
7		Ports		7:28.4	2

Pole Vault W35

1	Claudia Cabbage	W45	Ports	2.20	8
2	Becky Mulley	W35	Soton	2.00	7
3	Emma Wickens	W35	Havant	1.20	6
4	Fiona Bolton	W45	Win	NM	

Pole Vault W50

1	Vicky Bright	W55	Soton	1.30	8
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Long Jump W35

1	Victoria Harfield	W35	Ports	4.51	8
2	Natasha Norris	W40	AFD	4.21	7
3	Becky Mulley	W35	Soton	4.12	6
4	Kathryn Miles	W45	Win	3.85	5
5	Cath Row	W50	Havant	2.43	4

Long Jump W50

1	Janet Dickinson	W50	Soton	4.69	8
2	Alison Fenwick	W55	Win	3.56	7
3	Jayne Anscombe	W50	Ports	2.45	6
4	Marilyn Crocker	W70	Havant	2.24	5

Shot W35

1	Deborah Montgomery	W50	BMH	8.92	8
2	Claudia Cabbage	W45	Ports	8.57	7
3	Anja Fairbairn	W40	Ports, n/s	8.00	
4	Katy Odell	W45	Soton	7.98	6
5	Heather Sheffield	W35	Win	7.63	5
6	Lindsay Badman	W35	AFD	6.12	4
7	Jenny Wilson	W35	Over	5.87	3
8	Sandra Balcombe	W35	Havant	5.18	2
9	Jo Speak	W40	Fleet	4.46	1

Shot W50

1	Janet Dickinson	W50	Soton	9.46	8
2	Jayne Anscombe	W50	Ports	9.07	7
3	Helen Wilson	W55	AFD	7.35	6
4	Cath Row	W50	Havant	7.07	5
5	Sally Serridge	W50	Win	6.76	4
6	Janet Leggett	W55	Fleet	5.67	3
7	Margaret Moody	W70	BMH	4.49	2

Shot W60

1	Christine Strobe	W60	Havant	5.94	8
2	Sue Hume	W60	Win	5.68	7
3	Kirsten Workman	W65	AFD	5.38	6
4	Monique Van Nueten	W60	Over	4.81	5
5	Denise Perrett	W65	Ports	4.68	4
6	Christine Smears	W70	Soton	4.00	3
7	Paula Steckiw	W65	BMH	3.63	2

Discus W35

1	Heather Sheffield	W35	Win	27.02	8
2	Susanne Jacob-Williams	W45	BMH	23.83	7
3	Anja Fairbairn	W40	Ports	19.12	6
4	Joy Wright	W40	Soton	18.54	5
5	Ruth Wallace	W35	Fleet	18.46	4
6	Tracy Duke	W40	AFD	16.76	3
7	Jenny Wilson	W35	Over	15.78	2
8	Sandra Balcombe	W35	Havant	13.50	1
9	Lindsay Badman	W35	AFD, n/s	13.13	

Discus W50

1	Janet Dickinson	W50	Soton	25.31	8
2	Christine Strobe	W60	Havant	20.44	7
3	Deborah Montgomery	W50	BMH	18.84	6
4	Helen Wilson	W55	AFD	16.31	5
5	Sue Hume	W60	Win	15.50	4
6	Janet Leggett	W55	Fleet	9.41	3
7	Denise Perrett	W65	Ports	8.60	2

League Position after two matches

1	Southampton	15 (259.5)
2	Winchester & District	15 (259)
3	Havant	11 (185.5)
4	City of Portsmouth	11 (173)
5	Aldershot, Farnham & District	8 (155)
6	Fleet & Crookham	5 (106)
7	Basingstoke & Mid Hants	5 (102)
8	Overton Harriers	2 (23)